# >>> 21 CENTRAL DISTRICT <<</td> 4-H FAMILY HANDBOOK

21central.k-state.edu



### "TO MAKE THE BEST BETTER"





St John Office

**>>>** 

### LOCATIONS

Edwards County Extension Office: 212 E. 6th St, Kinsley, KS 67547, Ph: 620-659-2149

Stafford County Extension Office: 210 E. 3rd Ave, St John, KS 67576, Ph: 620-549-3502



### **COUNTY EXTENSION AGENTS**

Marissa Hurst, 4-H and Youth Development mlhurst@ksu.edu, Ph: 620.549.3502

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## EMBLEM, COLORS, PLEDGE & MOTTO:



### **EMBLEM & COLORS**

The 4-H Name and Emblem is a federal mark with protections and standards that exceed that of trademarks and copyrights. Using the 4-H Name and Emblem requires proper authorization. Anyone engaging in unauthorized use or misuse of the 4-H Name and Emblem is subject to federal prosecution. The four-leaf clover is the official 4-H emblem. The four "H's" stand for head, heart, hands, and health.

The colors of 4-H are: Green-life, springtime, and/or youth White-fresh and/or clean

### 4-H MEMBERSHIP **AGE REQUIREMENTS:**

- A new 4-H year begins October 1 each year and ends September 30 of the following year.
- 4-H membership is open to kids who are 7 years old and have not passed their 19th birthday by January 1 of the current year
- Some events require age limits. In that case, 4-H age is determined as of January 1 of the current year.
- A child may join 4-H at anytime during the year if they are 7 years of age by January 1 of the current 4-H year. However, most 4-Hers start in the fall to keep up on club activities, project lessons, and make themselves eligible for several 4-H awards and activities that have deadline dates.



### >>> 4-H PLEDGE & MOTTO

4-H pledge: I PLEDGE, My Head to clearing thinking, My Heart to greater loyalty, My Hands to larger service, My Health to better living. For my club, my community, my country, and my world, 4-H motto: "To Make the Best Better!"

4-H members and volunteers should learn the pledge and try to follow it in your daily life. The motto is to remind us to always strive for improvement, to continually set goals and give every effort your best.





## WELCOME TO 21 CENTRAL DISTRICT 4-H:

WE WANT TO WELCOME BOTH 4-H MEMBERS AND THEIR FAMILIES, BECAUSE WE KNOW SUCCESSFUL 4-H MEMBERS ARE EVIDENCE OF PARENTAL 4-H INTEREST. WE LIKE TO SAY - THE MORE THE MERRIER! WITH EVERYTHING WE DO IN 4-H, WE HOPE TO SEE FAMILIES WORKING TOGETHER TO LEARN, CREATE AND DEVELOP THE 4-H COMMUNITY AROUND THEM.



### IN 4-H, WE BELIEVE IN THE POWER OF YOUNG PEOPLE!

We see that every child has valuable strengths and real influence to improve the world around us. 4-H is America's largest youth development organization—empowering nearly six million young people across the U.S. with the skills to lead for a lifetime.

4-H is a community of young people engaged in learning life skills. Kansas 4-H Youth Development uses unique strategies and opportunities to engage youth in reaching their full potential through partnerships with caring adults. Learning these life skills will become more evident as a 4-H member gets older, as a young adult, these life skills become invaluable!



#### 4-H IS IMPLEMENTED THROUGH EACH COUNTY EXTENSION OFFICE IN THE DISTRICT.

Within Edwards County, we have three community clubs located in Kinsley, Lewis and Offerle. As for Stafford County, we too, have three community clubs located in Macksville, St. John and Stafford.

We strive to educate all kids in both counties through youth development. Most commonly, this is in the form of a traditional 4-H Club, but we also reach out through after school programs, one day workshops, spin clubs or a 4-H camp experience.

# FOCUSES ON THE MASTERY OF FIVE LIFE SKILLS:

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### WHERE TO FIND US ON THE SOCIAL MEDIA

4-H looks differently today than it did several years ago. We know youth can, and will, continue to learn through traditional methods, but we also want to encourage the use of technology to further their 4-H project learning experiences. With that in mind, here are our websites and Facebook pages: State 4-H Website: www.kansas4h.org, Local 21 Central website: www.21central.k-state.edu, Stafford County Facebook: Stafford County 4-H, Kansas, Edwards County 4-H has a private Facebook page, 21 Central Extension Facebook: @KSRE21Central We hope this family handbook will help answer some of your questions. Please feel free to contact the Extension Office through phone, email or social media. All contact information is located on the front cover of the handbook.

### WHO'S WHO & WHAT'S WHAT IN 4-H

### **LOCAL CLUB LEVEL:**



### **>>> 4-H MEMBER:**

Any child 7 - 19 years of age who enrolls and pays the \$15 enrollment fee at: www.4honline.com and meets the club requirements.



### **COMMUNITY CLUB LEADER(S):**

A volunteer who is responsible for the organizational part of the club.

### **CLUB RESPONSIBILITY:**

Each year your club will be asked to help plan and organize one of the following county-wide events: Achievement Banquet, Fair Clean Up Meal, or the 4-H Food Stand. Please help your community leaders by volunteering your time along with your child.



### >>> PROJECT:

A learning experience for the 4-H member. 4-H members "learn by doing". Each member should take at least one project, create an exhibit for the county fair and complete the record book for the project. Keep in mind that not all projects have a project leader - be sure to ask your community club leader or an Extension Agent if there is a local club leader or a county wide leader for the project under consideration.



### **PROJECT LEADER:**

A volunteer who helps instruct 4-H members within their project. This person is often a 4-H parent who agrees to help with a project. It may also be a junior leader or a person from the community who has knowledge in a particular subject matter area.



### **JUNIOR LEADER:**

A 4-H member who is in grades 7-12 and is enrolled in the junior leadership project. They take an active part in helping the younger members in the club. By doing this they learn leadership skills.



### >>> PARENTS:

They are very important to the success a child may have in the 4-H program. Parents are encouraged to attend monthly meetings and project meetings with their child. All county-wide events are open and parents are encouraged to attend.

Parents key role is the support they give to their children; support the child in the commitment they made, help them think through decisions, and see that they reach their goal. Other responsibilities include: helping at the 4-H Food Stand, Fair Set-up and Fair Cleanup.







### **4-H IN DIFFERENT LEVELS**

**COUNTY LEVEL** 

### 4-H COUNCIL:

Membership is made up of the President, Vice-President, Secretary, and Treasurer from each of the 4-H Clubs (plus two alternates) and two adult representatives. They meet 4-5 times throughout the year. This group oversees the county 4-H program and plans 4-H activities & events that take place on a county-wide basis.

The main fund raiser for 4-H Council is the County Fair Food Stand. All 4-H members are expected to work shifts during the fair. The money raised helps fund scholarships for 4-H members to attend Camp, KYLF, Discovery Days etc. It also helps pay for Achievement Banquet and other 4-H functions held in our county.

### 4-H P.D.C:

PDC stands for Program Development Committee. This group is an appointed body of 12 people, six from Edwards County and six from Stafford County. They are responsible for the program direction on a county basis. They implement and help carry out new programs and suggest improvements.

### **EXTENSION AGENTS:**

21 Central employs 4 Extension Agents, with our 4-H Agent overseeing the 4-H program in both counties. The other three agents will help with certain aspects of the 4-H program too. They are professionals who oversee the county 4-H program and help carry out the 4-H PDC's objectives. The St. John Extension Office is located in the Stafford County Annex Building, directly east of the courthouse in St. John. The phone number is (620) 549-3502. The Kinsley Extension office is located at 212 E. 6th in Kinsley. Extension Agent email addresses and office email address are located on the front of this handbook.

### REGION LEVEL



### >>> CENTRAL AREA:

If you're looking at the State of Kansas, imagine it divided into three regions - West, Central and East. 21 Central District is located in the Central Region. We have a Regional Director and a 4-H Specialist who are assigned to work with the counties in the central region.

### STATE LEVEL

#### **STATE 4-H SPECIALISTS:**

These people have the responsibility of directing the 4-H program on a state wide basis. Each specialist is responsible for a specific part of the total 4-H program. They are based at Kansas State University in Manhattan.

#### KANSAS STATE UNIVERSITY:

This land grant college has the responsibility for taking education to the people of the state and the 4-H program is part of that directive.



# FREQUENTLY ASKED QUESTIONS



### WHAT IS 4-H?

4-H is one of the largest youth organizations in the world.

The primary purpose of 4-H is to provide educational programs and opportunities for youth and adults to work in partnerships as they develop life skills to become healthy, selfdirecting, contributing members of society, focusing on, having a positive self-concept, an inquiring mind, a concern for the community, healthy interpersonal relationships and sound decision making.

A youth may join at any time during the year after they turn seven years of age. They may not have turned 19 before January 1 of the current year. Membership is open to all youth regardless of race, color, national origin, sex, age, or disability.

The 4-H Program is overseen at the local level by the County Extension Council, the 4-H PDC, County Extension Agents, and County 4-H Council. At the State level by the Kansas State 4-H Office at Kansas State University and the U.S. Department of Agriculture.



### WHAT ARE 4-H RECORD BOOKS?

Record books have changed immensely over the years, and they certainly are not what your parents remember working on. Few young adults (or old adults) enjoy the process of record keeping; however, in our society, it is a precious life skill you will need. We prefer that each 4-H member fill out the minimum requirement of a personal page and the permanent record so you'll be eligible for your year pin, but it is not required to participate in 4-H.

4-H members can submit Project Record Forms for each project in which they had the most activity or experience. At the end of the 4-H year, these Project Forms are judged by out-ofcounty volunteers, leaders, and agents. One 4-H member in each age group per project is awarded each year. An honorable mention will be awarded if two or more project record forms are submitted in the same project and age group. The project record form must meet requirements.



### WHAT IS CLOVERBUDS?

4-H CloverBuds is an educational, vouth development opportunity for children 5- and 6year-olds. To be eligible to participate, a child must have celebrated his or her 5th or 6th birthday before January 1 of the current year.

The 4-H CloverBuds program is part of the overall Kansas 4-H program. However, it has different policies and activities than the 4-H club program focused on 7 to 18-year-olds. 4-H CloverBuds is about meeting the developmental needs of the participants. Some of the goals for the CloverBud program are self-understanding skills, social skills, decision-making skills, learning skills, and mastering physical skills. A CloverBud group strives to meet certain principles, including fun, activity-based, noncompetitive, group-centered learning, leaderdirected, positive, and success-orientated principles.

The leader's guide has lesson plans for several subject areas, which provide exploratory opportunities. We encourage the parents of CloverBuds to involve them as much as possible in the older siblings' projects or plan ahead to make something to exhibit at the fair.



### >>> WHAT DO I DO ONCE I **HAVE JOINED A CLUB?**

The 4-H member and a family member should attend monthly meetings. Start slow... After you attend the first few meetings, could you get involved by asking your community leader what you can do to help? 4-H runs on volunteers and youth involvement - any help you can provide is appreciated! You refreshments to a meeting or help plan the following community service project. Everyone has ideas, so don't be afraid to speak out and make suggestions. The more ideas there are, the more options the club can consider.

Also equally important is choosing your projects for the current year, attending project meetings, researching the internet for ideas and possibilities, exhibiting at the County Fair, and participating in county activities. You'll find that 4-H isn't just about the county fair!



### DOES IT COST TO **JOIN 4-H?**

There is a registration fee of \$15.00 to join 4-H. This fee is payable when enrolling in 4-H at kansas.4honline.com. Any additional costs to the 4-H members are determined by the project he or she selects.

For example, if you are enrolled in Visual Arts, the project will only cost what expenses you incurred purchasing your project materials. If you are in the Swine project, you must buy your hog, feed for the time you own the animal, a watering system. and equipment/materials you may need to take care of your hog. Animal projects can add up to several hundred dollars, but the 4-H members always come away with a wealth of knowledge and learning experiences.

Local clubs may also develop their methods of raising money for worthwhile club activities.



### >>> WHAT DO I HAVE TO DO TO JOIN A 4-H CLUB?

Simply attend a local 4-H meeting in your community or call the Extension Office for more details. To enroll in 4-H, families will use the 4-H Online Enrollment System. 4-H Online is located at kansas.4honline.com. The first time you visit 4-H Online, you will create a family profile, add each 4-H Member in your family, and select projects for the current 4-H year. If you are a returning 4-H member, your 4-H Online account must be updated by November 1 of each year. New members must complete their online enrollment by May 1st if they join after the New Year begins. Anyone may add or drop projects until May 1st of the following year.

Parents must also fill out a Participation Form for each 4-H member online. A participation form is required for all 4-H members; it's a health form we keep on hand in case of an emergency. These are kept confidential and are only used if and when needed. You may be asked to complete this form several times throughout the year -especially if your child goes to camp or other state activities. They require an updated participation form for all state 4-H activities.



#### WHAT'S THE DIFFERENCE BETWEEN A COMMUNITY CLUB AND A PROJECT CLUB?

A community club is the local 4-H club in your community that meets monthly to conduct business; members are enrolled in various projects. A Project Club is a 4-H Club for members in a specific project only. Members are still considered 4-H members; in fact, you cannot officially participate in a project club until the required 4-H paperwork is returned to the local Extension Office.

### **ALL ABOUT PROJECT INFORMATION**



#### PROJECT SELECTION

The selection of 4-H projects has expanded greatly. There are now more than 30 different projects to choose from. Most of the projects have been planned with several phases so that a member may advance to more difficult and challenging opportunities within the same subject area.

4-H projects take on a wide variety of interests and activities that are designed to attract girls and boys regardless of their place of residence (in town or rural), economic status, or race.



### PROJECT SELECTION GUIDE:

This guide gives an overview of all the projects available through 4-H. The Project Selection Guide is a publication that gives guidelines and suggested learning experiences for the various projects. It is available online at www.kansas4h.org and also towards the back of this handbook.



### PROJECT LEADERS AND WHAT THEY DO:

4-H project leaders are people just like you and me. They have an interest in one particular project area. They are willing to share their time, talents and efforts with a small group of 4-H members.

Any parent or community member can be a project leader, provided they fill out the required paperwork. It doesn't take an expert in photography to be a photography leader. The most important ingredient for project leaders is that they be sincerely interested in working with 4-H members. If you are interested in helping with a project, visit with your club's community leader or the Extension Office.

We also encourage parent/child to work together to obtain project learning from trusted sources online, keep up to date with state activities being offered (geology trips, photography clinics, livestock shows, etc.) These are announced on a regular basis on www.kansas4h.org and can be valuable learning resources.



### HOW DO I SELECT PROJECTS?

Parents and the 4-H members should know and fully understand what is expected of the 4-H member before he or she enrolls in a project. Projects are selected in the early fall when online enrollment is completed or as soon as a new member joins. Usually, younger members should limit their number of projects to no more than two. Older, more experienced members may be able to do several different projects within their 4-H year.

Some factors to consider when selecting projects are:

Is the project in keeping with age and ability of the 4-H member? Will the project challenge the member educationally?

How much time does the member have and how much time does the project require?

Is the project acceptable to the parents and does it fit into the family situation?

How much will the project cost?

Is there adequate space and equipment available for the projects selected?

Does the project have a local or county wide leader available for instruction?



### **>>>**

### WHEN DO WE HAVE PROJECT MEETINGS?

When do we have project meetings?

If your project has a project leader, it is up to them as to when you will meet. Your project leader will receive a list of project members from the Extension Office (one more reason to complete online enrollment by Nov. 1!) they will contact you about the meetings. Project meetings usually start after the first of the year. Some projects may have 1 meeting, 3 meetings or 15 meetings - depending on the age of the group and what is being taught.

If your project does not have a project leader, it will be up to you and your parents to do the research and learning. After online enrollment is complete, the Extension Office will put together an enrollment packet based off the projects you have enrolled. These will be handed out at a club meeting after the first of the year. The Extension Office has workbooks for each project. These are available at no cost to you. All you need to do is let the Extension Office know what project workbook you would be interested in. Other 4-H Curriculum is available for purchase at www.4Hmall.org We also encourage 4-H members to do online research with their projects, often times you can connect with other 4-H members this way too. . Projects are conducted in a number of ways through various activities such as:

- · Project meetings
- Monthly club meetings (demonstrations, project talks, etc.)
- Tours/ Field Trips- to see projects of other members and their way of doing a project
- Online research
- · Family activities at home
- Exhibiting projects at the county fair, livestock shows, the state fair
- Incorporating your project with school work (art, woodworking, public speaking)
- · Record keeping

### KANSAS 4-H WEBSITE WWW.KANSAS4H.ORG

This website will be a great reference for you and your child. This is also where you need to go to register for trips and different state events that require registration. Also available: calendar of events, current news releases and project information.

Please keep in mind that the 4-H program differs from County to County and district to district, so what one 4-H member is required to do in one county may not be the same thing we require in 21 Central. This is also true of the information found on the state website. If you have questions about something on the state website, please don't hesitate to call us at the Extension Office! Ph.# 620- 549-3502, St John, and Ph# 620-659-2149, Kinsley.

### LET'S TALK ABOUT THE FAIR



### **GENERAL COUNTY FAIR INFORMATION**

The County Fair is a county-wide event that takes place the first week in July (usually) for Edwards County and the third week in July for Stafford County. The location of the Edwards County Fairgrounds is in Kinsley (1305 South Niles). The site of the Stafford County Fair is at the County Fairgrounds in Stafford. The county fair is an excellent opportunity for 4-H members to display/exhibit the projects they have worked on throughout the year. County 4-H, the Extension Office, and the County Fair Association all work together to organize the fair each year.

Each 4-H family will receive a Fair Book at their June meeting (or shortly after that, depending on printing times). It depends on which projects a 4-H member enrolled in will determine the judging time. Please check the Fair Book for these days and times. The 4-H member will sit down with a judge to discuss their project - this is called consultation judging. We will display Static exhibits such as Foods, Visual Arts, and rocketry (to name a few) in the 4-H building at the fairgrounds. Livestock projects are on display in the barn area of the fairgrounds. The judging time for Livestock projects is different than static exhibits. 4-H members who show and display their livestock must care for and keep their animals during the fair.

Our county-wide 4-H program raises money yearly to support 4-H activities and events for the 4-H members. 4-H Councils' primary fundraiser is the Concession Stand at the County Fair. Each 4-H club is assigned different times throughout the fair to work. All 4-H members must volunteer to help at some point throughout the fair. It is also essential that adults also volunteer to help. This fundraiser eliminates having to sell products or items door-to-door or having lots of little bake sales throughout the year.

The money earned from the county fair food stand fundraiser supports trip scholarships, achievement banquets, and other activities funded through the 4-H Council.





### WHAT SYSTEM IS USED TO JUDGE PROJECTS AT THE COUNTY FAIRS?

The Danish System of Judging:

Exhibiting is part of 4-H educational experiences. \*\*Please note that judging is based on comparison to a standard, not on comparison to others in the class.\*\* Judges may consider skill level based on age and circumstance, and expect a higher performance from older 4-Her's, so there is some variance within the standard.

Award groups are as follows:

- Purple Ribbon: Excellent quality. Usually reserved for top two or three of the group. but not limited in number given.
- Blue Ribbon: Superior quality. The standards have been met. Denotes adequate work.
- Red Ribbon: Average to above average quality. Shows signs of quality, but does not completely meet the standards. Some areas need further improvement.
- · White Ribbon: Below average quality. Does not meet standards. Denotes improvement needed.
- Participation Ribbons: Are given when members exhibit for personal satisfaction, not to see how their exhibit compares to a
- **Champion & Reserve Champion Ribbons:** Are given in some departments in lieu of purple ribbons to top two in a division. Premiums, if any, are the same as for blue.
- use white ribbons disqualification. White ribbons in rabbit judging means that the rabbit does not meet ARBA standards.
- Dogs are judged according to a point system closely following Kennel Club Standards.





### STAFFORD COUNTY FAIR **BOOSTER ADS**

For as long as we can remember, 4-H members have sold "Booster Ads" for the Stafford County Fair Association. Selling the "Booster Ads" helps earn money to support the county fair. Without Booster Ads, having a county fair would not be possible. Therefore, each year, 4-H members are asked by the fair board to continue their Booster Ad campaign.

Booster ads are essentially "ad space" in the fair book. The cost for Business Booster ads depends on the ad size, and Family Booster ads are also available for those who don't need actual ad space but would like to support the fair anyway.

The bonus for each 4-H member is that the Fair board will pay them \$1.00 for every \$10.00 worth of ads you sell - or 10% of the ads sold. For example: If they sell a \$25.00 ad, they receive \$2.50: \$160.00 ad = \$16.00: \$250.00 ad

Booster Ad sales kick off around mid-February and end on April 1st. The Extension Office mails out Booster Ad packets with all the information needed to sell ads. As 4-H members sell ads. we ask that they please turn them in to our office. Otherwise, we get bombarded with all the ads on April 1st. The Fair Board has requested to turn in the booster ads sold, allowing them more time to work on them.



### STAFFORD COUNTY **FAIR T-SHIRTS**

- Each year, we hold a design contest for the county fair t-shirts. The contest takes place on 4-H County Club Day. The winning design will be used on the cover of the Fair Book, and the T-shirts, and also used as the county fair theme.
- Each 4-H member entering a project at the county fair will receive a T-shirt for free.
- 4-H members are required to pre-enter their projects for the fair. On the pre-entry form is an area to fill out t-shirt sizes and how many T-shirts you order. If a pre-entry is not received, a T-shirt will not be ordered.
- · 4-H members must wear this T-shirt when sitting with a judge or showing their livestock. These T-shirts may also be worn at other times when requested by your 4-H community leader (the parade, 4-H club day or any club fund raisers you may be involved
- If the 4-H member does not or is not able to enter a project at the fair, a T-shirt can be purchased for \$10.00 each, providing it's pre-ordered through the Extension Office.

### **MEMBER ACHIEVEMENT PINS/AWARDS:**

AT THE BEGINNING OF EACH 4-H YEAR YOU WILL RECEIVE A PACKET OF INFORMATION CONTAINING PROJECT BOOKS AND A PIN APPLICATION. THIS PIN APPLICATION HAS THE CURRENT YEAR REQUIREMENTS LISTED THAT YOU WILL NEED TO ACCOMPLISH TO RECEIVE YOUR PIN AT THE END OF THE YEAR, PLEASE KEEP THESE REQUIREMENTS IN MIND AS YOU ARE SETTING YOUR GOALS FOR YOUR UPCOMING 4-H YEAR. A 4-H MEMBER CAN ONLY RECEIVE ONE ACHIEVEMENT PIN EACH YEAR. YOUR PIN APPLICATION WILL NEED TO BE FILLED OUT AND HANDED IN TO THE EXTENSION OFFICE AT THE END OF THE YEAR. PINS ARE AWARDED TO A 4-H MEMBER FOR SUCCESSFULLY COMPLETING THE 4-H YEAR.

PINS ARE EARNED IN THE FOLLOWING SEQUENCE:



### 4-H MEMBERSHIP PIN

This pin may be awarded when you join or at the conclusion of the 4-H year in which you join. In order to receive this pin, you must attend a majority (one over one-half) of the remaining regularly scheduled meetings of your club after the point at which you have joined the club.



#### **BRONZE PIN**

To receive the Bronze Pin, a member must meet the following requirements during the current 4-H year.

- Exhibit one or more of your projects
- · Attend a majority of club meetings
- · Attend one club or county/district event
- · Complete and turn in your permanent record and personal page



#### **CLOVER PIN**

To receive the Clover Pin, a member must meet the following requirements during the current 4-H vear.

- · Exhibit one or more of your projects
- Attend a majority of club meetings
- Present a program number at a 4-H meeting
- · Complete and turn in your permanent record and personal page
- Complete some of the optional requirements



#### **EMERALD PIN**

To receive the Emerald Pin, a member must meet the following requirements during the current 4-H year.

- · Exhibit one or more of your projects
- Attend a majority of club meetings
- Present a program number at a 4-H meeting
- · Complete the current year's record book
- Complete some of the optional requirements



### >>> SILVER PIN

To receive the Silver Pin. a member must meet the following requirements during the current 4-H year.

- · Exhibit one or more of your projects
- · Attend a majority of club meetings
- Present a program number at a 4-H meeting
- Compete the current year's record book
- · Complete some of the optional requirements



#### SILVER GUARD PIN

To receive the Silver Guard Pin, a member must meet the following requirements during the current 4-H year.

- Exhibit one or more of your projects
- · Attend a majority of club meetings
- Present a program number at a 4-H meeting
- · Complete the current year's record book
- · Complete some of the optional requirements



#### **LEADERSHIP PIN**

To receive the Leadership Pin, a member must meet the following requirements during the current 4-H year.

- Exhibit one or more of your projects
- Attend a majority of club meetings
- Present a program number at a 4-H meeting
- Enroll and participate in the Leadership project for the current year
- · Complete the current year's record book
- · Complete some of the optional requirements



### **GOLD PIN**

To receive the Gold Pin, a member must meet the following requirements during the current 4-H year.

- Exhibit one or more of your projects
- · Have received the Leadership and Silver **Guard Achievement Pins**
- Enroll and participate in the Leadership Project for the Current year
- · Complete the current year's record book
- Complete some of the optional requirements



#### **GOLD GUARD PIN**

To receive the Gold Guard Pin, a member must meet the following requirements during the current 4-H year.

- Exhibit one or more of your projects
- · Have received the Gold Pin
- Enroll and participate in the Leadership project for the current year
- · Complete the current year's record book
- · Be 15 years or older on January 1 of the
- Complete some of the optional requirements



#### **KEY AWARD**

This is the highest award given in a 4-H members career. Only 1% of 4-H members receive this award. Members must be 16 years of age to apply. Special attention is given to leadership and achievement in all project areas. A special application form is required.



### **LEADERSHIP** GROWS HERE.

Kansas 4-H programs help kids grow into confident, capable and caring adults. Give your child the skills to lead for a lifetime.





# 4-H TRIPS, ACTIVITIES, & EVENTS

THERE ARE A NUMBER OF TRIPS AND EVENTS THAT TAKE PLACE FOR 4-H MEMBERS. THE TRIPS WITH AN \* BESIDE THEM WILL HAVE A REGISTRATION FEE, FOR THOSE CURRENT 4-H MEMBERS WHO WISH TO ATTEND ONE OF THESE EVENTS, 4-H COUNCIL PAYS FOR 1/3 OF THAT COST. (FOR EXAMPLE: IF YOU CHOOSE TO GO TO DISCOVERY DAYS AND THE REGISTRATION FEE WAS \$150.00, 4-H COUNCIL WOULD PAY \$50.00 SO YOUR TOTAL COST WOULD BE \$100.00)



### >>> ACHIEVEMENT **BANOUET - NOVEMBER**

A time of celebration for 4-H members, leaders. parents and clubs, usually held the first Friday in November. Awards are given based on results of county record book judging contest.



### **COUNTY 4-H CLUB DAY** - MARCH

At County Club Day, 4-H members present project talks, illustrated talks, demonstrations, skits, talent, dance, model meetings, and much, much more before a judge. Top entries go on to compete at the Regional 4-H Days in Great



### \*DISCOVERY DAYS -

This event is held at Kansas State University the first week of June. The focus of this event is to help 4-Hers "discover" more about a project area, to strengthen what they are learning in the club, and to share with others. 4-H members sign up for mini-classes that are held throughout the K-State Campus, they are housed in the dorms and will eat meals in the campus dining halls. Several events also take place at the K-State Union. It's a "mini" college experience! 4-H members must be at least 13 years old to attend.



### \*4-H CAMP AT ROCK **SPRINGS - JUNE**

This is everything summer camp should be and more!! 4-H members across the county ages 7 -18 can participate in in camp at Rock Springs. Changes were made in 2021 to reflect the new camp dates and age groups. Rock Springs offers overnight camps, 4 night & 3 day camp, and 7 night & 6 day camps. You get to choose which camp and timeframe works best for your family. For more information, please visit rockspringsranch.org for more information.



### >>> KANSAS STATE FAIR -**SEPTEMBER**

4-Hers who receive blue ribbons at the Stafford County Fair may exhibit in the 4-H division at the State Fair in Hutchinson. The minimum age for exhibitors is 9 by January 1 in most areas. In addition, 4-Hers can represent Stafford County in the style revue, demonstrations, judging teams. State Fair rules are printed yearly. The State Fair Books are obtained through the Extension Office.



### NATIONAL 4-H WEEK -**OCTOBER**

A week is set aside each year to recognize and promote 4-H across the country. Each year a theme highlights the week and it can be used for window displays and booths within the community.



### >>> 4-H SUNDAY -**OCTOBER**

4-Hers who receive blue ribbons at the Stafford County Fair may exhibit in the 4-H division at the State Fair in Hutchinson. The minimum age for exhibitors is 9 by January 1 in most areas. In addition, 4-Hers can represent Stafford County in the style revue, demonstrations, judging teams. State Fair rules are printed yearly. The State Fair Books are obtained through the Extension Office.



### \*KANSAS YOUTH **LEADERSHIP FORUM -NOVEMBER**

A week is set aside each year to recognize and promote 4-H across the country. Each year a theme highlights the week and it can be used for window displays and booths within the community.



### >>> \*NATIONAL 4-H **CONGRESS - NOVEMBER**

Each year National 4-H Congress is attended by nearly 1500 4-H members from all states and territories. Delegates that are state award winners with their KAP in a project area are able to attend National 4-H Congress in Atlanta, Ga. the following year with 4-H members from across the nation. A 4-H member can only attend National 4-H Congress one time throughout their 4-H Career.



### >>> \*CITIZENSHIP **WASHINGTON FOCUS -**JUNE

A trip to Washington D.C. in June! 4-Hers stay at the National 4-H Center and learn about citizenship through tours of Capitol Hill and many of the historic places. Anyone can apply for this trip. It is a wonderful introduction to our nation's capitol. Most kids reflect back on this trip as being one of their best 4-H experiences and make lots of friends along the way!



### >>> \*NATIONAL 4-H **CONFERENCE - APRIL**

4-H member must apply to be a National 4-H Conference Delegate, after which they undergo an interview process which takes place at KYLF in November. Two to six youth delegates are selected through the interview process to represent Kansas 4-H at the National 4-H Conference in Washington, D.C. in April each

The six-day youth summit is held each spring at the National 4-H Center in Chevy Chase, Maryland. The Conference allows 4-H members from every state in the U.S., as well as Canada and several other countries to meet and exchange program ideas and develon recommendations to help improve state and national 4-H and youth programs.



Educational Youth Extravaganza (EYE Trip): Freshman to Senior trip to a destination decided by group. Fundraise for the trip. Trip will consist of both educational and fun activities.

Youth Activity Committee (YAC Trip): One day trip for 4-H members up to 6th grade. Committee plans 1 educational and 1 fun event for a day. Small regular fee and 4-H council pays for the rest.